

# Relationship and Sex Education Policy

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## Introduction

The Education Reform Act (Section 1) states that schools should provide a curriculum that "promotes the spiritual, moral, cultural, mental and physical development of pupils ... and of society: and prepare such pupils for the opportunities, responsibilities and experiences of adult life." From September 2020 the teaching of Relationships Education became compulsory in primary schools. Skipton Parish Primary School is committed to ensuring both these elements are delivered within the context of a broad and balanced curriculum.

We aim to prepare children to cope with the physical and emotional challenges of growing up, as well as giving them an elementary understanding of human reproduction.

## Aims and Objectives of School Relationship and Sex Education Policy

Skipton Parish Primary School believes that Relationship and Sex Education in this school will be developmental. It builds on the skills that pupils started to acquire during the Early Years Foundation stage (EYFS) to develop effective relationships, assume greater personal responsibility and manage personal safety, including online. Relationship and Sex Education in this school will meet the requirement of the Education Reform Act that the school curriculum should:

- promote the spiritual, moral, cultural, mental and physical development of pupils at the school
- develop respect and tolerance for others
- prepare pupils for the opportunities, responsibilities and experiences of adult life.

The school will work towards this aim in partnership with parents.

The aim in the Relationship and Sex Education Policy is to clarify the content and the manner in which Relationship and Sex Education is delivered in school.

## Moral and Values Framework

The Relationship and Sex Education curriculum will reflect the school Christian ethos and demonstrate and encourage the following values:

- respect for self;
- respect for others;
- responsibility for their own action;
- responsibility for their family, friends, school and wider community.

## Our Relationship and Sex Education Curriculum

The Relationship and Sex Education curriculum will:

- provide information which is easy to understand and relevant and appropriate to the age and maturity of the pupils;
- include the development of communication and social skills;
- encourage the exploration and clarification of values and attitudes.
- be taught as part of a loving relationship within the context of a Christian marriage, whilst being sensitive to the range of family structures in today's society.
- help pupils develop sensitivity and respect for themselves and others;







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- provide a friendly and caring environment in which children are able to ask questions and further their understanding;
- support pupils in taking responsibility for their actions and the consequences of their actions;
- prepare pupils for puberty, transition and loss;
- give them an understanding of reproduction and sexual development.
- give them information on where individuals and families can get help and support;
- teach them how to keep physically and emotionally safe;
- how to respond to a risky or negative relationship and know where to go to get help;
- respect equality and diversity in a relationship;
- how to manage emotions within a relationship;
- how to recognise a risky or negative relationship including forms of abuse and bullying.

## A sequence for teaching Relationship and Sex Education

Topics and themes will be repeated from year to year in greater depth taking account of the pupils' development.

These topics will focus on:

- Relationships
- Valuing Differences
- Growing and Changing
- Keeping Safe and Looking After Myself
- People who Help me

Recognise different risks in different situations and then decide how to behave responsibility, including judging what kind of physical contact is acceptable.

# Organisation of School Relationship and Sex Education

### Coordination

Relationship and Sex Education will be coordinated by Ruth Whittaker, PSHE Lead

#### **Delivery**

- as topics;
- through planned aspects of science;
- through PHSE time;
- addressed occasionally in discussion or collective worship time;
- specific planned units;
- parents

#### **Teaching Methods**

Children will be taught in year groups, however it may be more appropriate for certain topics, eg: managing menstruation, to be covered in single gender groups.

#### Resources

The range of material used will be available for review on request.







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### Who will teach it?

All members of staff are committed to delivering the curriculum and will receive the necessary CPD by the subject lead

## **Evaluation of the Curriculum**

Elements of Relationship and Sex Education in the Science Curriculum will be assessed formally. A variety of informal evaluation activities have been built into the curriculum.

## Working with parents.

The school is committed to working with parents. Parents should be aware that schools are legally required to provide a broad, balanced curriculum. Sex education topics can arise incidentally and overlap with relationships education lessons and it is not possible to withdraw pupils from these relatively limited and often unplanned discussions.

Parents wanting to exercise this right to withdraw their child from these lessons are invited to see the Headteacher. She will explore the concerns of parents and the possibilities of adjusting the programme or approach and will discuss any impact that withdrawal may have on the child. She will talk with the parents about the child's possible negative experiences or feelings that may result from exclusion and the ways in which these can be minimised. Once a child has been withdrawn they cannot take part in Relationship and Sex Education until the request for withdrawal has been removed.

#### Confidentiality

Teachers conduct Sex and Relationships Education lessons in a sensitive manner and in confidence. However, if a child makes a reference to being involved, or likely to be involved in sexual activity, or indicates that they may have been a victim of abuse, this will be dealt with in line with our child protection policy.

### **Answering Difficult Questions**

If a child asks an explicit or difficult question, the staff will use their professional judgement in deciding the best way to answer it. This may be through individual work or discussion with the child. If the staff member is concerned, they can refer to the PSHE coordinator, SENCO or Headteacher who can discuss the matter with the parent, or follow other appropriate procedures. All Key Stage 2 classes will have a 'Question box' in their classroom during the term in which they are being taught PSHE topics, so that they can ask questions anonymously.

### Use of visitors

There are various people who can resource and support school-based Relationship and Sex Education. These people may include the PSHE coordinator, SENCO and other health professionals or parents.







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## <u>Procedures for policy monitoring and evaluation</u>

The policy will be reviewed every three years.

## **Equal opportunities**

Parish Church CE Primary School is committed to working towards equality of opportunity to all aspects of school life.



